

# **STROKE SERVICES OVERVIEW**

## **1. Stroke Services**

- Emergency stroke care and response
- Acute treatment options (clot removal, medication)
- Ongoing monitoring and recovery planning

## **2. CCT (Continuity of Care Transition)**

- Coordinated care after hospital discharge
- Communication between providers and family
- Follow-up appointments and recovery tracking

## **3. Reading Materials**

- Educational resources for stroke recovery
- Patient guides and caregiver support materials
- Lifestyle and prevention information

## **4. Jefferson Moss-Magee Rehabilitation**

- Specialized stroke rehabilitation services
- Physical, occupational, and speech therapy
- Neurological recovery programs

## **5. Rehabilitation**

- Physical therapy (mobility, strength)
- Occupational therapy (daily living skills)
- Speech therapy (communication, swallowing)

## **6. Meal Planning Services**

- Heart-healthy and stroke-recovery diets
- Low sodium, nutrient-dense meal plans
- Support for caregivers and patients

## **7. Medical Supply**

- Mobility aids (walkers, wheelchairs)
- Home safety equipment
- Monitoring devices (blood pressure, etc.)

## **8. Stress & Music Therapy**

- Techniques to reduce stress and anxiety
- Music therapy for cognitive and emotional support
- Mind-body wellness practices

## **9. Home Health Care Agencies**

- In-home nursing and therapy services
- Assistance with daily activities
- Medication management and monitoring

## **10. Home Exercise Program**

- Customized exercise routines for recovery
- Strength, balance, and coordination training
- Daily movement plans to support independence